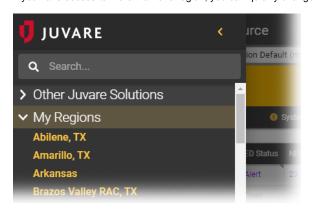# Change Regions

If you have access to more than one region, you can quickly change regions at any time.

Helpful Links

[Juvare.com](#)

[Juvare Training Center](#)

[Announcements](#)

[Community Resources](#)

Note: *The first page you see when you log in is your default view for the region you were logged in to the last time you used EMResource.*

To change regions

In the main menu, click **My Regions** and then click the name of the region you want to open.