# Getting Logged Off?

Some pages in EMResource refresh automatically and others do not. If you are viewing a page that does not refresh automatically, the system may log you off after a period of inactivity. Simply log in again.

If that does not seem to be the problem, there is likely a rule built into your organization's firewall that allows a user to be logged in to a secure site only for a set amount of time. Your IT department may need to change this rule to make EMResource an exception.

| Helpful Links |
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| Juvare.com |
| Juvare Training Center |
| Announcements |
| Community Resources |